



We look forward to welcoming you!

1587 Boston Post Road Suite A3 Westbrook, CT 06498

Our check in process requires you to arrive 15 minutes before your scheduled appointment. While all treatments remain by appointment only, we are excited to share our retail offerings, showcased in our waiting room whenever we are open. So feel free to stop in with a friend! Call or text for this week's office hours.

If you don't see appointment availability online, you are welcome to text 860-287-3360 to inquire about additional days and times. We will do our best to accommodate you.

Cash, Check and Zelle are preferred for payment. Credit Cards also accepted

No show or cancellation within 24 hours prior to your scheduled appointment will result in a \$150 fee. Check in more than 10 minutes after your expected arrival time may result in the need to reschedule and apply the same fee. **Non compliance with the checklist below that prevents treatment at your scheduled appointment will also result in a \$150 fee.**

You must know your Alle login credentials at the time of arrival.

****Please review our pre and post care instructions below prior to booking and confirming your appointment.****

If you would like additional treatment at any time after a visit, you will be charged to complete the treatment.

Pre and Post Care Appointment Check List:

Attention to details leads to the best results!

Filler: Cannot be done within 2 weeks of any vaccination, dental work, surgery or oral antibiotic therapy for an acute illness. If you plan to do Filler and Morpheus8 over time, we generally recommend doing Morpheus8 1st to maximize results.

Botox, Daxxify or similar:

Plane travel should be avoided for 24 hours after treatment. No eyebrow care until treatment has settled. You will be asked to refrain from exercise for 24 hours after any injectable treatment. Use of a face cradle, Facials, and Diamond Glow treatments should be avoided for 2 weeks after any injectable treatment. See below for Morpheus8. Recommendations vary for laser.

Diamond Glow and Peels:

Not to be done if you have an allergy to Aspirin. Please avoid retinol, salicylic acid, glycolic acid or alpha/beta hydroxy for 5 days prior to treatments. No direct sun exposure for 7 days prior. Must be 4 weeks after dermal filler and 2 weeks after Botox or similar. Please note: Botox or similar CAN be done **after** a Diamond Glow, even on the same day!

Morpheus8, IPL/Photofacial, and Hair Removal:

Treatments can not be done if you have a suntan in the treatment area. No self tanner for at least 4 weeks prior. This includes self tanning make up. Please avoid NSAIDs or aspirin for 5 days prior. Please avoid topical with active ingredients such as retinol, salicylic, glycolic, alpha/beta hydroxy, vit C, niacinamide or similar for 7 days prior.

****Morpheus8 and IPL** should be done at least 2 weeks after Botox (or similar), 2 weeks after Diamond Glow microdermabrasion (or similar), 3 months after any ablative laser treatment and at least 2 weeks after Dermal Filler treatment. If you are being treated with Kybella, we recommend Morpheus8 at least 6 weeks after all treatments are complete.**

Complete pre and post care instructions will be reviewed at the time of your appointment. A complimentary pre treatment consult is recommended.

Injectables appointments continue to have a \$450 minimum fee.

**Thank you for your continued loyalty!
The Refine Medical Aesthetics Medical team looks forward to welcoming you
soon!**

